

North African - Jewish sacred singing
Masterclass with - Lala Tamar



Proposal for a 1.5 - 2 hours workshop:

***Lala Tamar** is a vocalist, musician and the winner of the New Israel Fund's Grant for the Essential Arts. Born to Jewish Moroccan - Brazilian parents Tamar is an independent artist and researcher in the fields of North African, Ladino and Andalusian Jewish music. She plays percussion instruments, Guembry, composes and writes [original music](#) based on the north africans jewish and muslim feminin traditions. Tamar performs and collaborates with musicians in Morocco and worldwide, amongst them: Mehdi Nasuli, Karim Ziad, Mnat Aishta, Yossi Fein, Omri Mor, Aminka and many more. Lala has created the first [Album](#) ever to be recorded in the lost language of "Haquetia" (Moroccan jewish ladino) and is active in promoting awareness of North African Jewish heritage preservation worldwide. She performs and creates with the Award winning choreographer - Orly Portal. She is a voice teacher and holds North African women's sacred singing workshops for women all around the world. mostly works between Israel and Morocco. [link to webpage](#).*

Opening

We will start the workshop with a song - live music played by Lala as an introduction for the ears and body

Introduction

A bit about my personal story and background, where i come from and how my work manifests my artistic and personal Jewish identity

I will continue explaining about the materials we are about to learn: the history and origins of the songs and their lyrics, their musical characteristics in the Muslim world compared with their characteristics in the Jewish world and how they continue existing in Morocco and Israel today.

warm-up

Becoming familiar with your voice through gentle and intuitive practice, based on the principles of the "Somatic Voicework" Method, we will experiment through simple exercises designed to create an experience of freedom for everyone with their own voice.

Study and play together

We will learn to sing a couple of varies chants/ Piyutim/Gnawa/ Haquetia songs (depending on the group's learning pace)

The songs will be sung in Hebrew, Arabic and Haquetia and lyrics will be given with an English or Hebrew transcription.

The group will examine and learn to hear the similarities between the languages within the musical context.

Focusing on the experience of the North African form of communal singing: call and response singing within the group.

We will learn to hold the rhythms in our body and sing simultaneously together as a group according to a traditional division of roles. With the possibility of learning the steps expressing the same tradition.

* The workshop will be held in English / Hebrew / Darija.

* The workshop is made for everyone, no prior knowledge or musical or vocal background are required.